## **Town of Lancaster Recreation Offers Water Aerobics**

The Town of Lancaster Recreation Department will once again offer Adult Water Aerobics to all Town of Lancaster and Lancaster School District residents 18 years and older. The program will be held on Tuesday and Thursday evenings from 4:45pm – 5:45pm at the William Street School pool beginning on Tuesday, September 29 and running until May 5, 2016.

For more information call the Recreation office at 684-3320.